



THE MAIA **SYSTEM**

A FAST-TRACK TO SELF-KNOWLEDGE



WHY GROW SLOW WHEN YOU CAN GROW FAST

Insights, growth, and cosmic truths

“Wow! I was completely overwhelmed most of the time - and almost laughed sometimes because what was said was so spot on. It's incredible what it can do. I definitely have gained a lot of useful insights.

I quickly decided not to take notes during the first listening because there was simply too much I wanted to write down and try to implement.

So I just enjoyed listening to all the reflections, and will definitely listen to it many times. There is a potential for many hours of personal development in that session.

THANK YOU so much! It was a pleasure, and I'm really happy that I did it!”

– Camilla Barfoed Crone, Lawyer

A VISIONARY MISSION

After having immersed in astrology, numerology and Human Design for several years, we have experienced the synergies of the systems and how they create new, deeply meaningful insights in interaction with each other.

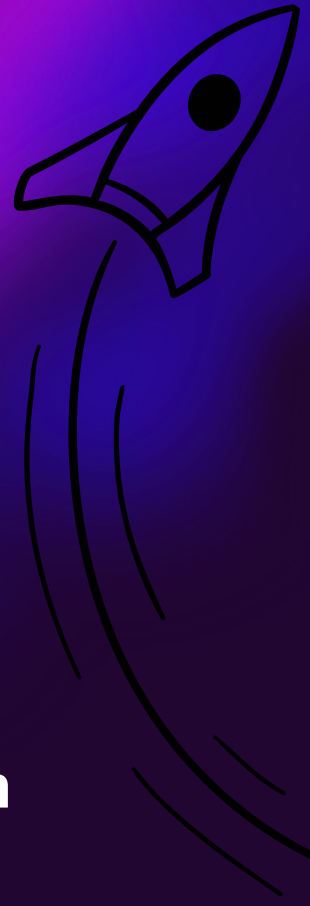
With The Maia System we wish to unfold this territory further and spread the magic to as many people as possible, starting with visionary people all around the globe, so that they can use it to raise their awareness, intuition, and inner joy and pass it on to their tribe of people.

Every person who joins The Maia System is on to something bigger and has a unique motivation for joining. We are so grateful for your interest in evolving your personal leadership through the The Maia System and look much forward to working with you.



*Missona Stenderup &
Sander Stenderup,
Founders of The Maia
System*

READY FOR CHANGE?



Why grow slow when you can grow fast?

True change cannot occur without deep self-knowledge. The ancient proverb "know thyself" still holds true; in fact, it is more relevant than ever.

There are many paths to self-knowledge, such as the assistance of coaches, therapists, psychologists, mentors, and healers. Additionally, there are personality systems that offer a completely different (and much faster) approach.

The Maia System is a synthesis of the three largest spiritual personality systems in the world:

Astrology, Numerology, and Human Design. The Maia System weaves together these threads, cuts to the core, and provides a complete interpretation of you as a person.



THE MAIA SYSTEM

The Maia System is practiced through an **expert session**, which is a **conversation about you between three experts** (an astrology expert, a numerology expert, and a Human Design expert). The conversation is about an hour, takes place **online** and is recorded for you, so you can listen to it again and again.

During the session the three experts present their mapping/analysis of your personality and engage in a joint discussion about who you are, departing in your focus.

Before the session you are asked to **define a focus** and ask your most important question(s). It likely concerns a current theme in your life, e.g. a challenge you are facing, a recurring pattern, or a desire for clarity about your future direction.

IN ORDER TO RECEIVE A MAIA SESSION, YOU'LL NEED TO KNOW THE DATE, TIME, AND PLACE YOU WERE BORN. (IF YOU DON'T KNOW IT, PLEASE CONTACT US ANYWAY AND WE'LL SEE WHAT WE CAN DO).

Insights, growth, and cosmic truths

If you want to optimize your expert session, you can choose either an initial coaching session, a concluding coaching session, or both.

Coaching session

In the **initial coaching session**, your personal coach helps you define your goals and key questions. The clearer you are about your challenges, goals, and desires, the better the outcome of your expert session will be.

In the **concluding coaching session**, your personal coach helps you translate the insights/results from the expert session into action and change in your life, including a conversational review of your action plan.

Action plan

You have the option to supplement the expert session with an action plan that concretely maps out how you can achieve your goals and develop in line with your natural talents and full potential. It includes step-by-step actions, timelines, reflection, and evaluation. Additionally, it includes your astro chart, your numeroscope, and your Human Design bodygraph.



**"Everything you'll get to know about yourself
through The Maia System is spiritual facts
rooted in spiritual data"**

– Sander Stenderup

WHO IS IT FOR?



★ SEEKERS

You are curious about yourself and new ways to get to know yourself better. You seek clarity on your purpose in life and your unique contribution to the world. You might be at a crossroads or looking for a significant change in your life. You feel a calling to live more authentically and are seeking tools to express yourself more fully. Use The Maia System to find your life's purpose and act on it!



★ BELIEVERS


Personal development is a natural part of you and your life and you have been on the spiritual journey for a long time. You want to step even deeper into your personal leadership and your role in the world. You might have experience with astrology, numerology, and Human Design and are curious about a deeper and integrated interpretation. Use The Maia System to activate new dimensions of yourself.



★ LEADERS

You are a leader or your own boss. You love to dream big, create, and make things (and people) grow. But do you also develop your own gifts and personality? Maybe it's time to take your career or business to the next level of flow and financial freedom? The Maia System offers you a unique opportunity for personal transformation and the fulfilment of your highest potential.





THE THREE SYSTEMS

Human Design, astrology, and numerology all are spiritual systems, which, in our terminology, are systems based on spiritual data. In our opinion, these three systems are the greatest spiritual systems available to mankind.

HUMAN DESIGN

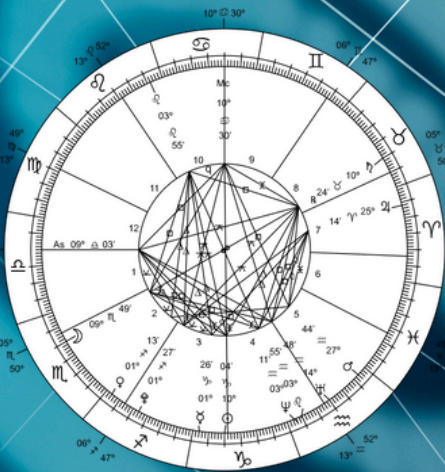
Human Design is a tool for expanding one's self-awareness and promoting one's self-development and enjoyment of life. It gives a deeper understanding of who you are as an individual and what emotions and thoughts move in your body and mind. This understanding can be a big step towards fulfilling one's potential and thus live a happier life.





ASTROLOGY

Astrology is an ancient analysis tool to describe certain energies and themes in the world and in us humans. Every person has a personal, unique horoscope. A horoscope can shed light on the individual's deeper needs, strengths, and challenges and act as a personal atlas.



NUMEROLOGY

The language of numerology is numbers, and the numbers are an expression of energy and vibration. With your date of birth comes a sequence of numbers which tells your energy type and your talents, strengths, and challenges – and how you use these as best as possible. These numbers are your personal codes for success, joy, and inspiration.



WHO ARE YOU GOING TO MEET?

In fact, you are not going to meet anyone, as the program is online, but you will be in contact with Missona Stenderup and/or Sander Stenderup who are the founders and will facilitate the journey and the personal coaching (if you opt for that).

We collaborate with several skilled and experienced experts, so there isn't a fixed panel of experts. When you purchase your session(s), we determine who the expert panel will consist of.

MAIA

Packages & Prices

Small

\$502

- ✓ The small package is simply an expert session

[Book Now](#)

Medium

\$645

- ✓ 1 x expert session
- ✓ 1 x coaching session
- ✓ 1 x action plan

[Book Now](#)

Large

This is our price-list

\$717

- ✓ 1 x expert session
- ✓ 2 x coaching session
- ✓ 1 x action plan

[Book Now](#)

Please don't hesitate to contact us.

mail@themaia.com

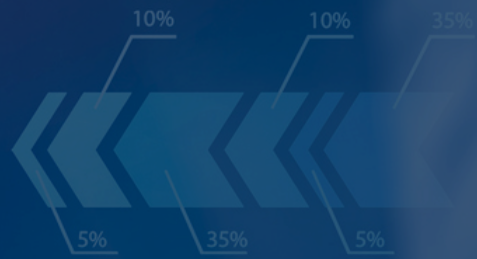
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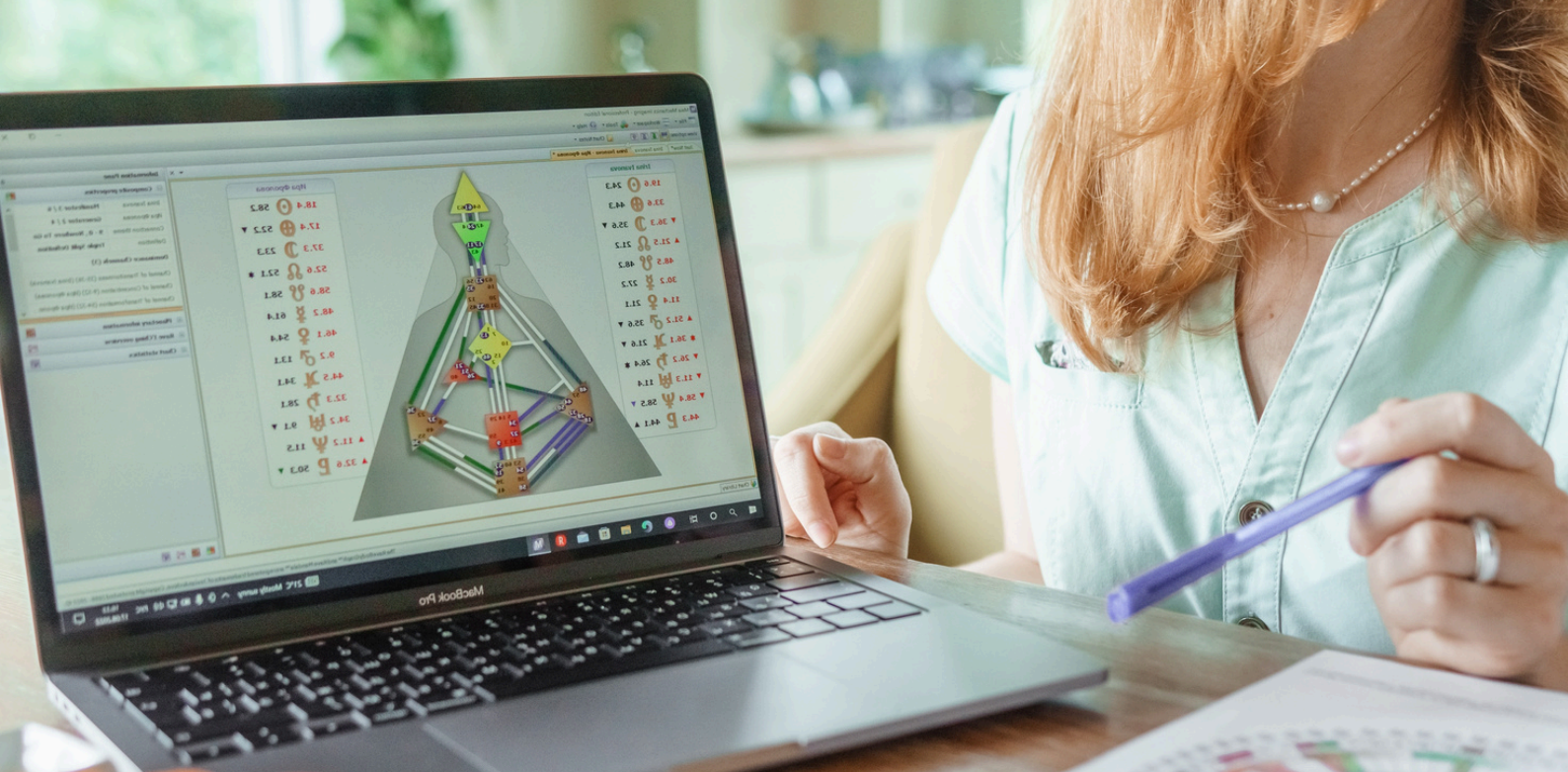
KEY BENEFITS

- ✓ **More meaning and purpose in your personal leadership and life in general**
- ✓ **Increased confidence, empowerment, and resilience**
- ✓ **Fast and strong decision making**
- ✓ **Increased ease, peace, and inner joy**
- ✓ **Deeper connection with your friends and colleagues**
- ✓ **Better relations and more clarity and understanding of yourself and others**
- ✓ **Insights and tools to implement in every day life**
- ✓ **Deep understanding of your personality, your competences, and your energy**

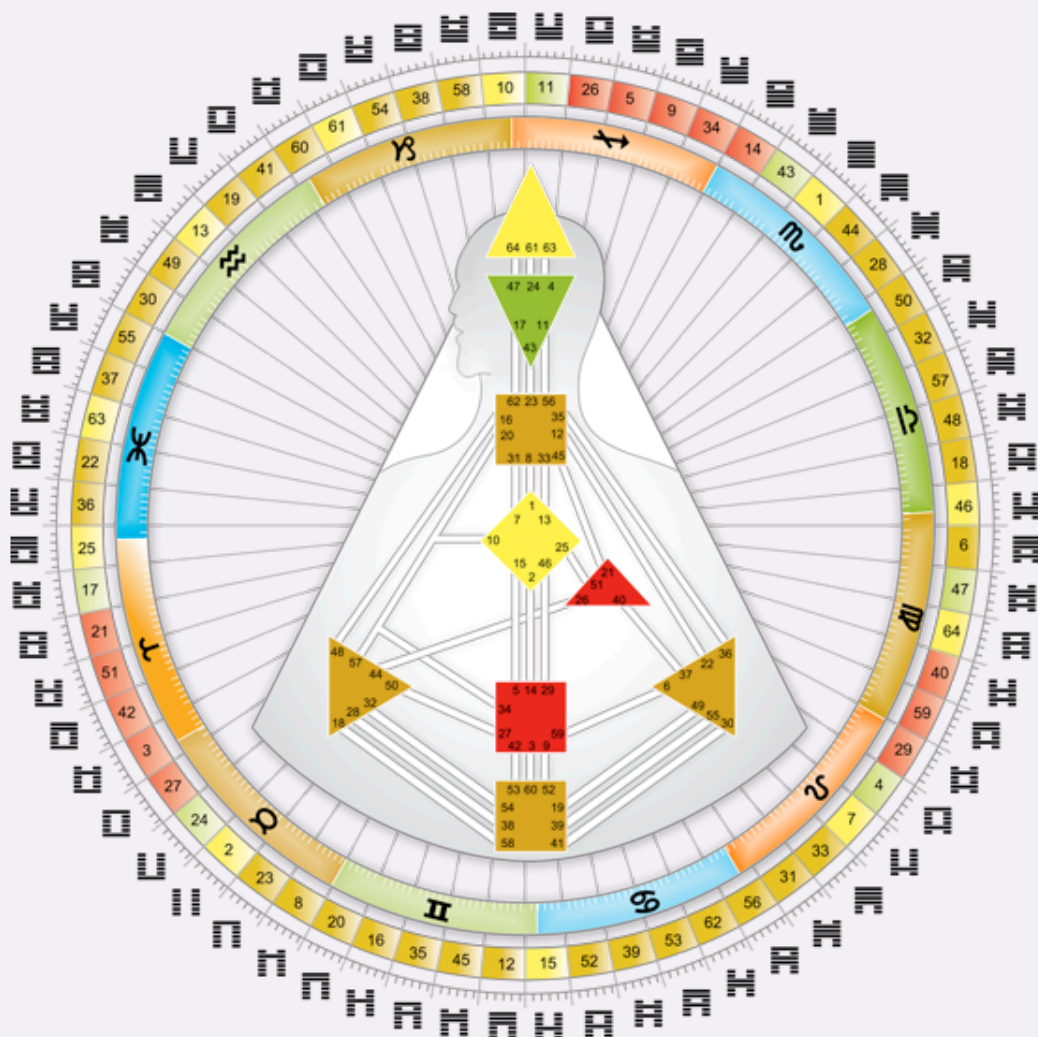


THE THREE SYSTEMS [ELABORATED]





HUMAN DESIGN



What is Human Design?

Human Design is a tool that helps you discover your essential nature. It reveals rich information into how you function physically, psychologically and emotionally, how you master your energy, how you best make decisions, and how you should live, work, digest, sleep, etc. It is like a custom-made user manual for you only, to unlock your brilliance, talents and unique way of being.

It maps your unique genetic design with detailed information on both conscious and unconscious aspects of yourself and gives you concrete, actionable strategies and techniques for how you are supposed to live and lead your life in perfect alignment with who you truly are.

What can Human Design be used for?

A main theme in Human Design is conditioning, i.e., all the ways that society, the school system, the media, your upbringing, your relations and so on have shaped you away from your real self, and de-conditioning, which is to help you discover your true nature through the human design system.

Therefore, Human Design can help you see where you live incorrect so to speak and where you live in accordance with your nature. Discovering this will likely free you deeply and transform you on a level you never thought possible.

Human Design is highly practical, as it is very much about how you live on a daily basis (in terms of emotions, energy, senses, environment, digestion, sleep, etc.) and make right moment-to-moment decisions, therefore human design can indeed help you change your habits and lead your life with a high level of energy, productivity, enjoyment and ease. That said, it also informs you about your innate traits, talents, power and life purpose and so adds to your understanding of yourself as a leader and your role in the world.

Overall, human design can be used as a manual to make the best use of who you are. It most often leads to improved relationships, decisions, empowerment and leadership. In addition to the individual human design, Human Design can be used in companies and organisations to recruit employees, set teams, collaborate better and overall introduce a new and innovative approach to leadership and HR.

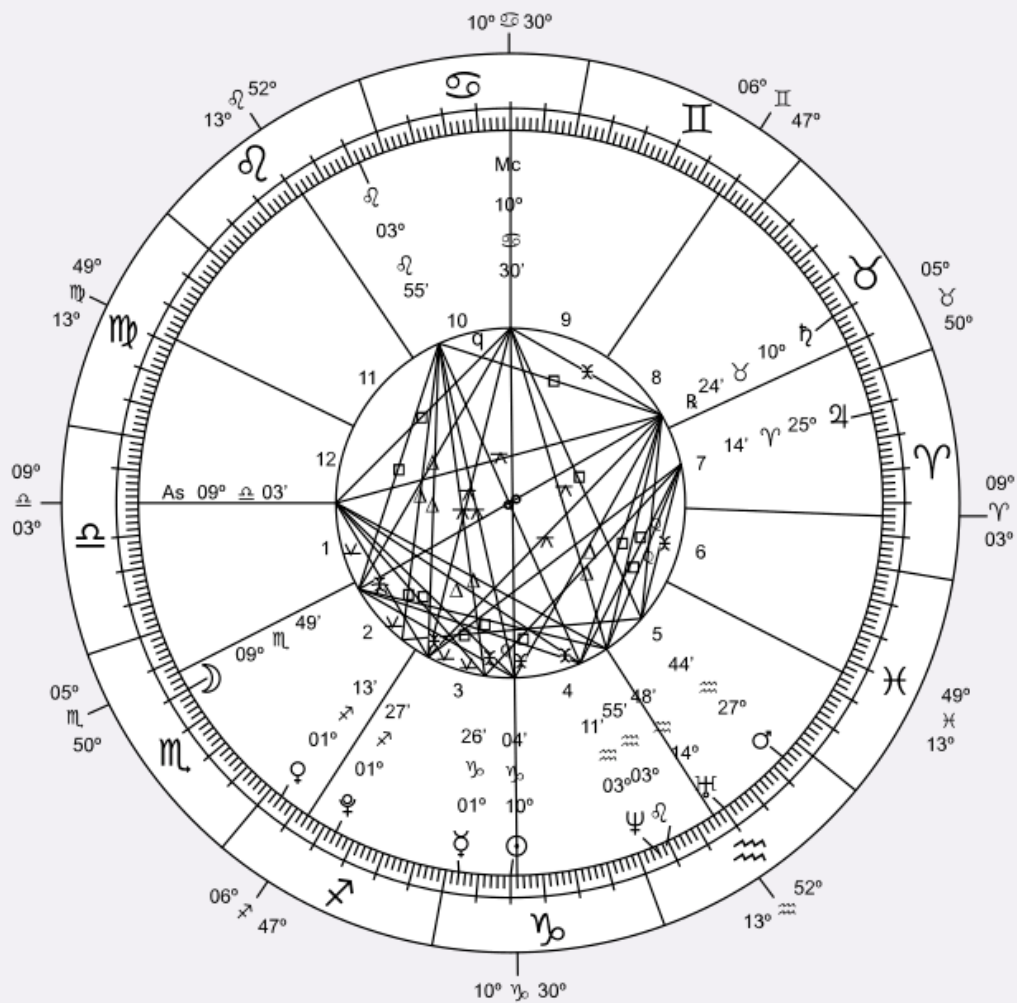
What is the science behind Human Design?

Human Design is a logical, empirical system that, similar to astrology and numerology, draws its information from the planets positions at the precise birth day, time and place of an individual. It uses the information to identify the individual's energy centres and create her design.

The system of Human Design was brought to Ra Uru Hu in 1987 as a spiritual download that lasted eight days. The system is a synthesis of ancient and modern sciences, more specifically it is a mix of the Kabbalah, the I Ching, astrology, biochemistry, genetics and the chakra system. A fundamental aspect of the system is based on what is scientifically known as neutrinos, which are small amount of mass that carries information. This information is what determines an individual's human design.



ASTROLOGY



What is Astrology?

Astrology is an ancient analytical tool to describe certain energies and themes in the world and in us humans, based on the movements of the planets. It has roots back in ancient Mesopotamia, 2000 years before our era and found its way to both Egypt and the Roman Empire.

Each person has a personal, unique horoscope based on the time and place of their birth. Through the use of archetypal themes refined over many hundreds of years, added to modern psychological knowledge, a horoscope can shed light on the individual's deeper needs, strengths and challenges and act as a personal atlas. And at the same time also contribute to an understanding of how your personal journey/development plays together with the current themes and energies right now.

The horoscope does not deterministically define everything about who you are and what you should, but is a model for unfolding a large part of your personality and viewing it from new angles. The horoscope is therefore a tool to strengthen you and to understand yourself better, with which it gives you the opportunity to experience that you yourself are a co-creator of your own life and your experience of life.

What can astrology be used for?

Astrology is a life hack. It's like getting an electric bike and a GPS at the same time. You still have to cycle yourself and can to a certain extent help decide the route yourself, but the hills, traffic lights, other road users and headwinds have not been abolished. Astrology therefore gives you the opportunity to take radical responsibility for your own life and for your own life experience and helps you to be a co-creator rather than just a participant in life. In addition, astrology provides increased awareness in all dimensions of life, with which you can, among other things, achieve better and deeper relationships, including the relationship with yourself.

In addition to a deeper self-understanding of needs, strengths and challenges/vulnerabilities, astrology can map your opportunities and potentials as well as limitations and which patterns must be released (and how), and which new qualities must be acquired in order to unfold strengths and potentials. Finally, astrology can also fix time, i.e. describe to a greater extent when certain periods of development will take place and within which areas, so that you have the opportunity to work with rather than against.

What is the science of astrology?

Astrology is not considered a science anymore, but together with astronomy, astrology was once considered the oldest known science. Various research projects have been carried out on astrology, the most famous of which was the French statistician Michel Gauquelin, who wanted to disprove astrology, but ended up doing the opposite based on the empirical evidence he found. It is not a natural science but a philosophy of science based on the principle “as above, so below”. Astrology is not something you have to believe in, but is an analytical tool that has proven its worth in practice.

An individual’s date and place of birth is his energetic fingerprint, which astrology can then decode, in the understanding that the individual will always act in accordance with his psychological self-understanding and level of consciousness as well as the time in which he/she/she lives (the movements of the current planets).



NUMEROLOGY



What is Numerology

Numerology is a discipline concerned with coding the energetic correlations in life. A numerologist's language is numbers, and the numbers are an expression of energy and vibration. With your date of birth comes a line of numbers that together tell your talents, strengths, challenges, psychological patterns, etc. These numbers are your personal codes for success and happiness for you to navigate your life from.

In addition to interpreting your personality, numerology can detect the vibrations of your name, which, it assumes, influences you in many aspects of life, such as love, career, health, wealth and inner harmony. Further, it can calculate your energy streams (when you have supportive energies versus non-supportive energies), your karmic relations (the people you are karmically connected to) and your destiny rhymes (how the planets influence you throughout your life).

What can numerology be used for?

Similar to astrology and Human Design, numerology is a tool that help you understand yourself and your gifts better and how you can realise your unique mission in life. It also explains how you function on a spiritual level and which challenges, themes and life lessons you have "signed up for". A numerological analysis often feels as a relief, as it becomes clear what is natural for you and what isn't. It will help you to let go of deep blockages and many of the things you struggle with and, ultimately, embrace the real you.

As numerology also can decode energy streams and destiny rhythms, it can be used as a compass when it comes to planning your life and living in accordance with the overall energetic influence of the planets. Further, it can help you improve your vibrations and thereby your “luck”, success and happiness, by changing your name. When you adjust your name, you adjust your vibrations and, in consequence, your emotions, thought patterns and behaviour.

What is the scientific background of numerology?

Numerology is not a science. It is an orally handed down tradition which is so old that the very original roots have been lost, and therefore no one knows exactly where numerology comes from. But what we actually do know (from historical sources) is that numerology is thousands of years old and has roots in different places in ancient times and in some of the earliest civilizations. There are for example numerological writings and calculations from ancient cultures in India, Mesopotamia and ancient Greece. One of the most renowned numerologists is Pythagoras from the ancient Greece. He is also the progenitor of the basic theory behind numerology, namely that all things can be expressed in numerical terms because they are ultimately reducible to numbers.



**Take your personal
leadership to the next
level**

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